



# **FROSH FOOTBALL CAMP**

## **2011 CHARACTER COMBINE FROSH FOOTBALL TEAM CAMP**

### **I. IMPORTANT INFORMATION**

- Character Combine Presents, 2011 Freshman Football Team Camp
- July 14th & 15th @ Del Oro High School (3301 Taylor Road, Loomis, CA 95650)
- 9:00 am - 4:00 pm both days

### **II. PURPOSE & STRUCTURE**

- The Character Combine® Freshman Football Team Camp Series is designed to provide local high school freshman football teams and their coaches an opportunity to prepare for their upcoming season with a two day team camp. The team camp will be structured to allow players to get familiarized with their pads, teams to practice and install concepts on their own, as well as teams to practice and compete against other schools in a structured scrimmage. The camp will feature morning and afternoon sessions over the two days with lunch provided in between the sessions. Camp will be coordinated by Del Oro Head Football Coach Casey Taylor and his staff. Registration for this camp needs to be made thru Casey Taylor by the Head Coach. Registration includes Camp T-Shirt and Lunches.

### **III. EQUIPMENT NEEDED**

- This is a full padded football camp, players need to bring school issued equipment for participation in camp.
- Players need to have with them, or dressed as follows: Lower Pads (Thigh Pads, Knee Pads, Hip Pads, Tail Pad, Girdle), Football Pants, Socks & Football Cleats, T-Shirt, Shoulder Pads, Helmet and Mouthpiece, Water Bottle.

### **IV. COST & REGISTRATION**

- Pre-Registered Athlete will register with team's head coach
- Team Packets Due June 28th
- Cost Includes instruction, camp T-Shirt, and lunch
- Make Checks Payable to Character Combine



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## V. CAMP SCHEDULE

- Thursday, July 14th
  - 1) 9:00—11:30—Practice with Team (Session 1)
  - 2) 12:00—1:00—Lunch
  - 3) 1:00—4:00—Practice with Team (Session 2)
  
- Friday, July 15th
  - 1) 9:00—11:30—Team Co-Op Sessions (Session 3)
  - 2) 12:00—1:00—Lunch
  - 3) 1:00—4:00—Jamboree Scrimmages (Session 4)